

The Schoolyard Greenprint

Schoolyards that grow wellbeing

Template

Either / or activity

Overview

This simple survey activity gives you data about students preferences in the schoolyard, aligned to core wellbeing needs. The Schoolyard Greenprint project developed and tested this discovery method.

You can also use this as a warm up activity to inform focus group activities. It also helps to build students' awareness and language around the built environment.

A quick and simple activity, it works well with students who are linguistically diverse, neurodivergent or introverted who might not respond well to focus group settings.

How to use this template

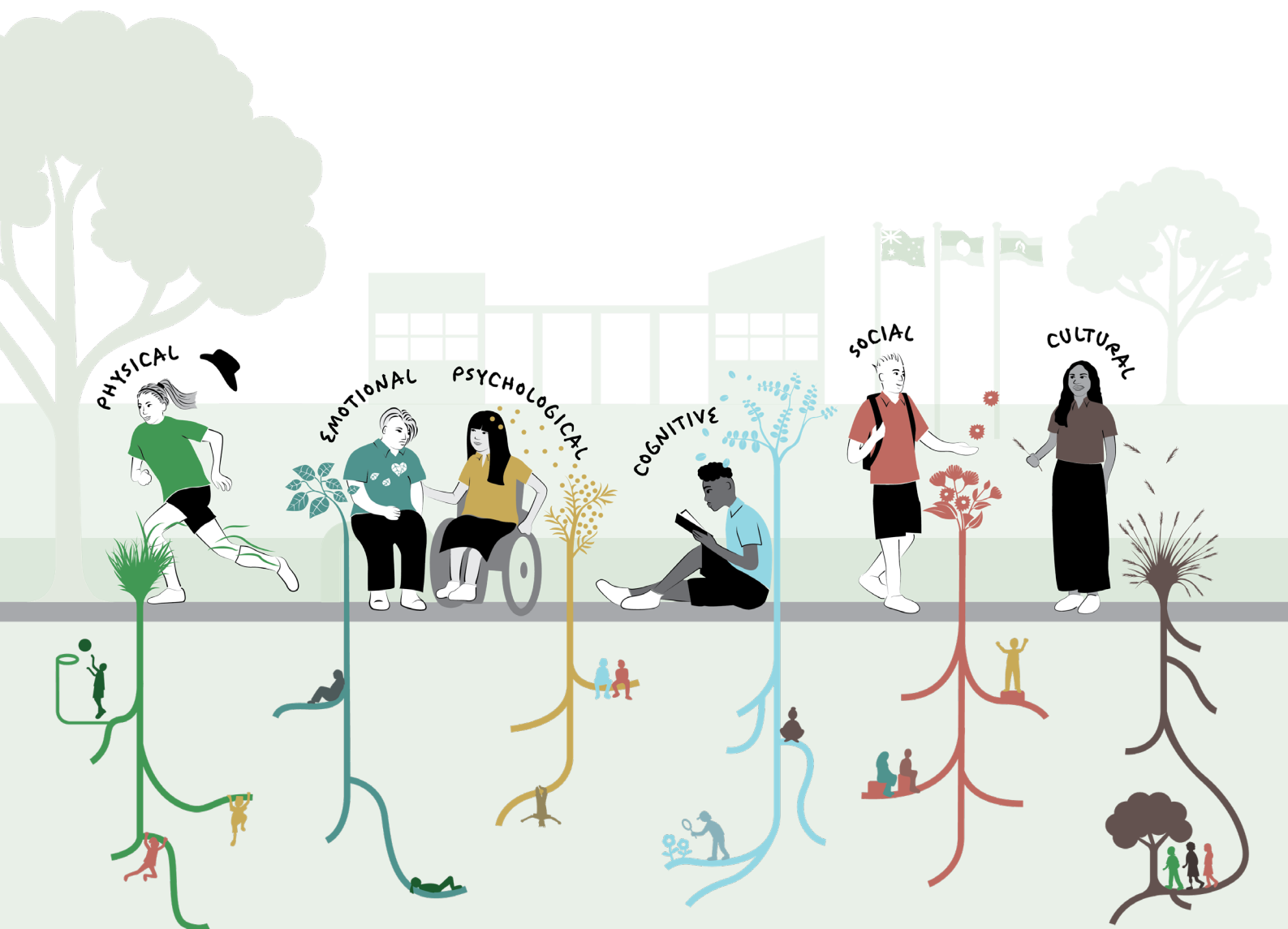
Print out pages 3 onwards.

Give the print outs to students at the beginning of a focus group.

Ask them to choose either option A or B, both is not allowed.

Once complete, use this as a prompt for a focus group discussion. For example, ask students why they prefer option A or B.

For full instructions see **Schoolyard Greenprint Volume 4, Engagement Toolkit, page 14.**



Want to know more?

Scan this QR code to visit our website

The Schoolyard Greenprint is led by the Health Research Institute at the University of Canberra in partnership with the Landscape Foundation Australia and is funded through Frontiers by Hort Innovation and contributions from the Australian Government.

Name:

Group:

Date:

Either / or activity

Instructions: For each question, circle A or B. Choose the option that matches how you feel on most days. There are 11 questions in total.

1. Socialising

A Low key socialising
Near someone but looking outwards



B High intensity socialising
Close by. Eye to eye contact



2. Seating

A Upright seating



B Relaxing seating



3. Size of spaces

A Small spaces



B Large spaces



Sport and activity

4. Energy levels

A Calm or low energy



B High energy



5. Play

A Playful
For example seats that swivel,
furniture that can be climbed on



B Play equipment
Such as swings, slides, climbing etc



6. Movement

A Sports and competition



B Other types of exercise



Materials and screening

7. Settings

A Natural



B Man made



8. Surfaces

A Grass



B Concrete



9. Visibility

A Private
Enclosed by vegetation or screens



B Out in the open



Risk and autonomy

10. Risk

A Low risk



B High risk



11. How you use a space

A This space can be used in many ways



B There is only one way to use this space

